

# STAND UP FOR YOURSELF AND OTHERS!

YOU HAVE WITNESSED  
HARASSMENT OR ABUSE?  
YOU HAVE EXPERIENCED  
HARASSMENT OR ABUSE?  
GET HELP!



**ROTE KARTE FÜR  
GEWALT IM  
SPORT!**

**HILFE HOLEN IST KEIN PETZEN**

SCAN THIS CODE TO BEGIN A WHATSAPP  
CONVERSATION WITH THE RSC/DJK'S CHILDLINE.

